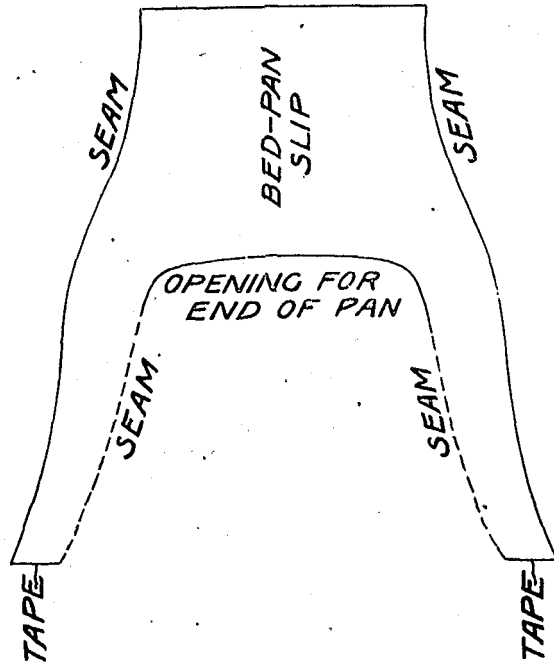


Practical Points.

"A. B.", writing in the *American Journal of Nursing*, says:—"Here is a pattern of what I call my bed pan pad: It has been a great comfort to my patients. For material I use cheese cloth, and always make two. They are easily changed and washed. I put a thick



piece of common cotton inside so that the patient does not come in contact with the edge of the pan. I sew tapes to the ends and tie them around the spout to keep the pad in place. I have found it especially valuable in typhoid fever cases, where there is so much danger of bed-sores.

How to Wash a Patient.

A Nurse writes:—"I find it a great comfort to my patient to use two basins and two washcloths in giving a bath—one for the soap, the other for the rinsing. It prevents the sticky feeling of the old way. I rub each part with alcohol after the washing and drying, instead of giving the full bath followed by the alcohol rub."

Give Baby a Drink.

Don't be afraid of giving the baby a drink of water. It needs water as much as milk. It needs more water in proportion to its size and weight, and oftener, than its mother does. Thirst causes more needless suffering to babies than anything else. Give the baby a drink!—but be sure the water is pure, by having been either boiled or filtered.

Appointments.

MATRONS.

Horsforth Convalescent Home.—Miss M. J. Longbottom has been appointed Matron of this Home maintained by the Leeds Workpeople's Hospital Fund. She was trained at the Royal Infirmary, Manchester, and holds the position of Matron at the Godfrey Ermen Memorial Home of Rest, Southport.

The Royal National Hospital for Consumption for Ireland, Newcastle, Co. Wicklow.—Miss J. G. Powell has been appointed Matron and Superintendent. She was trained at Sir Patrick Dun's Hospital, Dublin, where she held the position of Sister of fever wards and of gynaecological wards. She was then Matron of the Small-pox Auxiliary Hospital, Dublin, during the 1904-5 epidemic, Matron and Superintendent of the Royal National Hospital for Consumption for Ireland for the first four years it was opened, and subsequently Matron and Lady Superintendent of Mercer's Hospital, Dublin. In 1903 she joined Queen Alexandra's Imperial Military Nursing Service serving her six months of provisional engagement at Aldershot, after which she was appointed to the post of Superintending Sister at the Royal Arsenal Hospital at Woolwich.

The Lady Aitchison Hospital, Lahore.—Miss Hedwig Nielsen has been appointed Matron. She was trained at the Blackburn and East Lancashire Infirmary and is a certified midwife. Miss Nielsen left for her important post on Saturday last and takes with her the good wishes of all who know her.

SISTERS.

General Hospital, Rangoon, Burmah.—Miss D. Garstang has been appointed Sister and leaves England this week to take up the position. She was trained at the Blackburn and East Lancashire Infirmary, and in fever work at the South Eastern Fever Hospital, London. She also holds midwifery and massage certificates. Miss Garstang has held the position of Sister at the Kasr el Aini Hospital, Cairo.

Royal Hants County Hospital, Winchester.—Miss Alice Marion Everington has been appointed Sister. She was trained for one year at the Children's Hospital, Great Ormond Street, and for five years at St. Bartholomew's Hospital, E.C. Miss Molly Willis has also been appointed Sister. She was trained at Leicester Infirmary.

QUEEN ALEXANDRA'S IMPERIAL MILITARY NURSING SERVICE.

POSTINGS AND TRANSFERS.—*Sisters:* Miss E. A. Cox, from the Queen Alexandra Military Hospital, Millbank, Miss M. L. Harris, from Military Hospital, Chatham, and Miss M. Pedler, from Cambridge Hospital, Aldershot, to SS. *Plassy*, for Indian Troopship Service; Miss L. E. Mackay, to Egypt, from Military Hospital, Gosport; Miss E. M. Denne, from Royal Herbert Hospital, Woolwich, and Miss M. Walker, from Connaught Hospital, Aldershot, to South Africa. *Staff Nurses:* Miss G. S. Jacob, to SS. *Plassy*, for Indian Troopship Service, from Connaught Hospital, Aldershot; Miss W. L. Everingham, to Cambridge Hospital, Aldershot, on appointment.

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